



# SWG-345

[denver.eu](https://denver.eu)

Dec/2025



FR

Cet appareil et  
ses accessoires  
sont recyclables

À DÉPOSER  
EN MAGASIN



OU

À DÉPOSER  
EN DÉCHÈTERIE



Points de collecte sur [www.quefairedemesdechets.fr](https://www.quefairedemesdechets.fr)  
Privilégiez la réparation ou le don de votre appareil !

# Safety information

Please read the safety instructions carefully before using the product for the first time and keep the instructions for future reference.

1. This product is not a toy. Keep it out of reach of children.
2. Warning: This product includes lithium polymer battery.
3. Keep product out of the reach of children and pets to avoid chewing and swallowing.
4. Product operating and storage temperature is from 0 degree Celsius to 40 degrees Celsius. Under and over this temperature might affect the function.
5. Never open the product. Repairs or service should only be performed by qualified personnel.
6. Please remove the Smart watch in case of any leakage or excessive heat from the product to avoid burns or rash.
7. Only charge with the supplied USB cable.
8. Using other accessories than the ones delivered with the product can cause abnormal functionality.
9. Bluetooth wireless technology operates within a range of about 10 m (30 feet). The maximum communication distance may vary depending on the presence of obstacles (people, metal objects, walls, etc.) or the electromagnetic environment.
10. Microwaves emitting from a Bluetooth device may affect the operation of electronic medical devices.

## Denver A/S reserves the rights for print errors

Denver A/S cannot be held responsible for any technical or typographical errors and reserves the right to make changes to the product and manuals without prior notice. If you detect any inaccuracies or omissions, please inform us at the address on the back cover.

## Downloading the App

Scan the following QR code, download and install the App.

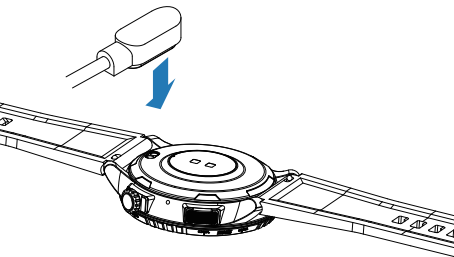
Da Fit



Scan QR Code and Download

## Charging and Active

Charging the device to active before the first time using;  
To charge your device, plug the charging cable into the  
adapter or USB port on your computer.



## Pairing

Open the App and set up your profile



Go to the [Device] , Click Add a [Device]



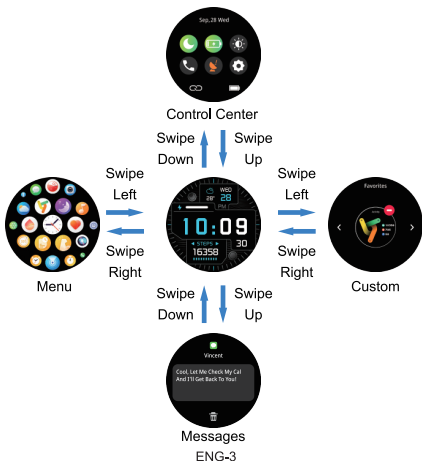
Choose your device on the scanning list



Finish

The MAC address on the "Setting"- "About" page could help you identify your device on the scanning list.

## Use the Touch Screen



# Smart Watch Features



After connecting the smartwatch to your phone, you can make calls, control your phone during calls, and answer incoming calls directly from your watch. You can also view your watch's call history. When using the calling feature, ensure a stable connection between your watch and phone.



## GPS

The built-in GPS antenna independently calculates route maps, travel distance, and movement speed with precision. More detailed information analysis and data records can be viewed through the application.



## Compass

Equipped with a compass function, specifically designed for outdoor activities to enhance safety. More detailed information analysis and data logging can be viewed on the app.



## Altitude pressure

Equipped with altitude and barometric pressure functions, specifically designed for outdoor activities to enhance safety. More detailed information analysis and data logging can be viewed on the app.



## Sleep

Wear your smartwatch while sleeping to monitor your sleep status. You can view your sleep duration and quality data both on the watch and in the app. NOTE: Sleep data will reset at 8pm.

# Smart Watch Features



## Heart Rate Test

Your smartwatch can automatically tracks your heart rate throughout the day.

You can also tap the heart rate page to start measuring your real-time heart rate.



## Sports

Smart watch can automatically tracks steps.

NOTE: Your movement status reset to zero at midnight.



## Training

Tap the training icon on the menu to start a new training measurement. There are 123 sport modes to be chosen. The last training recording will be shown on the training page.



## Blood Pressure Test

Tap on the blood pressure page to start measuring your blood pressure.

On the blood pressure page, It can show the blood pressure measured data of the last times.

NOTE: it's not for medical grade.



## SpO2 Test

Tap the SpO2 page to start measuring your SpO2. On the SpO2 page, It can show the SpO2 measured data of the last times.

# Smart Watch Features



## Weather

It could show the weather info of current and tomorrow on the weather page. Weather info is synced after connecting with the APP, it will not be updated after a long disconnected.



## Messages Reminder

The device can sync incoming notifications from Twitter, Facebook, WhatsApp, Instagram etc. Recently 5 messages can be stored.

NOTE: You can switch on/off incoming notification in the APP.



## Remote Shutter

After connecting the smart watch, you can remotely control the camera via your phone.



## Player Shutter

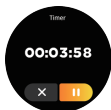
After connecting the smart watch, you can remotely control the music player via your phone.



## Voice Assistant

When connected via Bluetooth, you can wake up the voice assistant on your phone using your watch.

# Smart Watch Features



## Stopwatch

Tap the start button on stopwatchpage to start timing, and tap thestop button to stop timing.



## Silent Alarms

Set up the alarm on the APP, thedevice will vibrate to remind on time.



## Period

After entering your menstrual cycle and ovulation period in the app, the app and watch will provide ovulation peak alerts and predictions.



## Remind to Move

The device will vibrate to remind you to make a relax after 1 hour sitting.

NOTE: You can switch on/off thefeature in the APP.



## Remind to Drink

The smart watch will remind you“Time to Drink Water” at theplanned drinking time.

NOTE: You can set the feature inthe APP.

# Smart Watch Features



## Using Quick View

With Quick View you can check the time or the message form your phone on your Smart Bracelet without tapping. Just turn your wrist towards you and the time screen will appear for a few seconds.



## Other Features

Other features include stopwatch, alarm, timer, brightness, mute on/off, theater mode, factory reset, power off and about.

# General Info & Specifications

## 1.Environmental Conditions

Operating temperature: 14°F to 122°F (-10°C to 50°C)

Non-operating temperature: -4°F to 140°F (-20°C to 60°C)

## 2.Size

Fits a wrist between 5.5 and 7.7 inches in circumference.

## 3.Disposal and Recycling

Please kindly be aware that it is the consumer's responsibility to properly dispose and recycle Smart Bracelet and accompanying components. Do not dispose of Smart Bracelet with common household waste, the Smart Bracelet unit is considered electronic waste and should be disposed of at your local electronic equipment collection facility.

For more information, please contact your local electronic equipment waste management authority or the retailer where you bought the product.

# Warning!

- Lithium battery inside!
- Do not try to open the product!
- Do not expose to heat, water, moisture or direct sunlight!
- Only charge with the original charger supplied with this product!

Please notice - All products are subject to change without any notice. We take reservations for errors and omissions in the manual.

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Electric and electronic equipment and included batteries contains materials, components and substances that can be hazardous to your health and the environment, if the waste material (discarded electric and electronic equipment and batteries) is not handled correctly.

Electric and electronic equipment and batteries is marked with the crossed out trash can symbol, seen above. This symbol signifies that electric and electronic equipment and batteries should not be disposed of with other household waste, but should be disposed of separately.

As the end user it is important that you submit your used batteries to the appropriate and designated facility. In this manner you make sure that the batteries are recycled in accordance with legislature and will not harm the environment.

All cities have established collection points, where electric and electronic equipment and batteries can either be submitted free of charge at recycling stations and other collection sites, or be collected from the households. Additional information is available at the technical department of your city.

Hereby, Denver A/S declares that the radio equipment type SWG-345 is in compliance with Directive 2014/53/EU. The full text of the RED declaration of conformity is available at the following internet address: [denver.eu](http://denver.eu) and then click the search ICON on topline of website. Write model number: SWG-345 Now enter product page, and RED directive is found under downloads/other downloads.

Information on standby/off mode power consumption and power management for products compliant with Commission Regulation (EU) 2023/826 can be found at the following internet address: [denver.eu](http://denver.eu) and then click the search ICON on topline of website. Write model number: SWG-345 and enter the page.



Bluetooth Frequency Range: 2.402~2.480 GHz  
Max Output Power: 6 dBm

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# Contact

Main contact point: [contact.hq@denver.eu](mailto:contact.hq@denver.eu)

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(Push "1" for support)

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For all other questions please write to:  
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Friday 09:00 -14:00

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Godziny pracy: 8 – 18 (poniedziałek – piątek)

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If your country is not listed above,  
please write an email to  
[contact.hq@denver.eu](mailto:contact.hq@denver.eu)



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